



STAYING TRUE

Why **do it** online if you wouldn't do it in real life?

WHY SAY IT ONLINE IF YOU WOULDN'T SAY IT IN REAL LIFE?

If you do things online you aren't ready to do in person, what happens when you meet in real life?

What impact will your online behavior have on others and your future?

DO THE THINGS YOU LIKE, SHARE, AND POST REALLY REPRESENT YOU?

RESOURCES

connectsafely.org

ikeepsafe.org

nsteens.org

Safekids.com

netsmartz411.org

CyberTipline

1-800-843-5678



Stay True to You

The online community can be a fantastic way to meet friends and make connections. It is important that we make those connections while staying safe and true to ourselves.



Before sharing comments, pictures, or videos, ask yourself, **“Would I do or say this in real life?”**





DIGITAL FOOTPRINT

What if they save or screenshot the image or video?

WHAT HAPPENS TO THAT VIDEO OR PICTURE IF THE FRIENDSHIP OR RELATIONSHIP ENDS?

What if others at school or your family see it?

Do you really believe they wouldn't share the picture or video with their friends?

Could the pictures be used against you?

Does online privacy exist?



INTRODUCE YOUR PARENTS

Just like meeting someone at school or at the mall, your parents should also meet your online friends.

INTRODUCE THEM THROUGH THE SAME VIDEO APP YOU USE TO SPEAK WITH YOUR FRIENDS.

Show your parents there's nothing to worry about.

INCLUDE YOUR PARENTS IN THE DECISION TO MEET IN REAL LIFE.



THE CREEPERS

If it would be creepy in *real life*, you should also think it's creepy online.

Wouldn't it be creepy for someone you just met to expose themselves to you or ask you to expose yourself to them?

Wouldn't it be creepy for an adult to search for a date at a high school or middle school?

Are they focused more on receiving pictures of you than getting to know you?